UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

SCHEDULE 14A

Proxy Statement Pursuant to Section 14(a) of the Securities Exchange Act of 1934 (Amendment No.)

Filed by the Registrant $oxine$ Filed by a Party other than the Registrant $oxine$		
Chec	Preliminary Proxy Statement Confidential, for Use of the Commission Only (as permitted by Rule 14a-6(e)(2)) Definitive Proxy Statement Definitive Additional Materials Soliciting Material Under §240.14a-12	
	Hydrofarm Holdings Group, Inc. (Name of Registrant as Specified In Its Charter) (Name of Person(s) Filing Proxy Statement, if other than the Registrant)	
Payı ⊠ □	ment of Filing Fee (Check all boxes that apply): No fee required Fee paid previously with preliminary materials Fee computed on table in exhibit required by Item 25(b) per Exchange Act Rules 14a-6(i)(1) and 0-11	



HYDROFARM HOLDINGS GROUP, INC.

2023 Annual Meeting Vote by June 5, 2023 11:59 PM ET



HYDROFARM HOLDINGS GROUP, INC.
1510 MAIN STREET
SHOEMAKERSYILLE, PA 19555

V06850-P86847

You invested in HYDROFARM HOLDINGS GROUP, INC. and it's time to vote!

You have the right to vote on proposals being presented at the Annual Meeting. This is an important notice regarding the availability of proxy material for the shareholder meeting to be held on June 6, 2023.

Get informed before you vote

View the Notice & Proxy Statement and Annual Report online OR you can receive a free paper or email copy of the material(s) by requesting prior to May 23, 2023. If you would like to request a copy of the material(s) for this and/or future shareholder meetings, you may (1) visit www.ProxyVote.com, (2) call 1-800-579-1639 or (3) send an email to sendmaterial@proxyvote.com. If sending an email, please include your control number (indicated below) in the subject line. Unless requested, you will not otherwise receive a paper or email copy.



For complete information and to vote, visit www.ProxyVote.com

Control #

Smartphone users

Point your camera here and vote without entering a control number





Vote Virtually at the Meeting*

June 6, 2023 11:00 AM EDT

Virtually at: www.virtualshareholdermeeting.com/HYFM2023

^{*}Please check the meeting materials for any special requirements for meeting attendance.

THIS IS NOT A VOTABLE BALLOT

This is an overview of the proposals being presented at the upcoming shareholder meeting. Please follow the instructions on the reverse side to vote these important matters.

Voting Items		
1.	To elect two (2) class III directors to serve three-year terms expiring in 2026.	
	Nominees:	
1a.	Richard D. Moss	⊘ For
1b.	Susan P. Peters	⊘ For
2.	To approve an amendment to our Amended and Restated Certificate of Incorporation, as amended, to reflect new Delaware law provisions regarding officer exculpation.	For
3.	To approve, on a non-binding advisory basis, the compensation of our named executive officers.	⊘ For
4.	To ratify the appointment of Deloitte & Touche LLP as our independent registered public accounting firm for the fiscal year ending December 31, 2023.	⊘ For
5.	To transact such other business that is properly presented at the Annual Meeting and any adjournments or postponements thereof.	
	Prefer to receive an email instead? While voting on www.ProxyVote.com, be sure to click "Delivery Settir	ngs".

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