FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Peters Susan						2. Issuer Name and Ticker or Trading Symbol HYDROFARM HOLDINGS GROUP, INC. [HYFM]									ck all app	licable) tor	ng Person(s) to Is		vner	
(Last) (First) (Middle) 1510 MAIN STREET					3. Date of Earliest Transaction (Month/Day/Year) 06/06/2024										below	er (give title v)		Other (s below)	specify	
(Street) SHOEMAKERSVILLE CA 19555 (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Ind Line)	<u></u>					
(Sig) (Sig)						Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Date)						Exec if any	eemed ution Date, ' th/Day/Year)		3. Transaction Code (Instr. 8) 4. Securitie Disposed (5)		es Acquired (A) o Of (D) (Instr. 3, 4		A) or , 4 and	5. Amo Securit Benefic Owned Report	ties cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
										v	Amount	(A) (D)	or F	Price	Transa	ction(s) 3 and 4)			(IIISU. 4)	
Common Stock, \$0.0001 par value per share 06/06/2					2024				A		160,463	A	\	\$0	313,476 ⁽¹⁾			D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) 33. Deemed Execution Date, if any (Month/Day/Year)			ion Date,	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Insti 3 and 4)		De Se (Ir	Price of erivative ecurity estr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amou or Numb of Share	ber						

Explanation of Responses:

 $1.\ Includes\ 160,\!463\ restricted\ stock\ units\ granted\ under\ the\ Issuer's\ 2020\ Equity\ Incentive\ Plan\ which\ will\ vest\ on\ June\ 6,\ 2025.$

Remarks:

/s/ Jeffrey Cohan, Power of Attorney For: Susan P. Peters

06/10/2024

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.